

PEOPLE . PLACES

ISLANDS BY BIKE

5 x 52' (GER, FRE, 2 Eps ENG subs) 5 x 45' (GER)

By bike we go all the way around five European islands - from the far north to the southernmost Mediterranean: Iceland, Ireland, Sardinia, Crete and Corsica.

Five islands with very different cultures and landscapes, shaped by history and their varied nature. Islands that are small paradises. Always with a view of the sea, small and clear and yet with its own world. A place of longing, explored by bike. Riding a bicycle is freedom and at the same time the best way to be outside, to discover nature. We meet people who are passionate about cycling. They take us to their favourite places, ride their favourite routes with us and show us where the island is most beautiful and spectacular.

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1. Iceland

We are cycling across the world's largest volcanic island under the midnight sun. Between exploding geysers, calving glaciers and glowing lava flows, we travel on gravel roads against the icy wind. A bicycle trip through Iceland is a trip into the history of the earth. In a land of fire and ice you can hear the earth's interior breathing and bubbling.

2. Ireland

Ireland: wild and rugged. The Atlantic gnaws at its coast, high moors and mountain lakes characterise the Highlands. We cycle around and through Ireland, a landscape like from the realm of goblins and fairies. On our way to the "end of the world" we struggle with wind and rain. The island shows itself as it is so often described: rough but warm.

3. Sardinia

Sardinia is a land of discovery. Hardly any other island in the Mediterranean has remained so unspoilt and pristine: rugged cliffs, barren mountains and holm oak forests. The sparsely populated land full of rough, wild beauty looks like a huge open-air theatre. The island is also known as the "small continent in the Mediterranean". After all, according to legend, Sardinia is God's masterpiece: when he completed the world, it is said, he took the most beautiful of all countries to form Sardinia.

4. Crete

Depending on the season, the cradle of Europe welcomes you to an aroma therapy like in a spa. It smells of sage, herbs and citrus fruits. In spring the island is covered with wild flowers and orange blossoms, in front of snow-capped peaks. But in summer at 40 degrees there is hardly enough rain to keep a cactus alive. At this time green juniper, myrtle and broom of thorns overgrow the karstic soil.

5. Corsica

Corsica is the most mountainous Mediterranean island and perhaps Europe's last real adventure. It is gentle and wild, lush and barren. An island that challenges cyclists with its many mountains and rough roads. Corsica rewards you generously with a pristine landscape: snow-capped mountain tops, dazzling white sandy beaches, wild vegetation and reddish brown rocks.